Lunch Menu
Week 1 - Mains

Weeks Commencing: 30/08, 20/09, 11/10, 08/11, 29/11

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Burrito (V)** A soft wrap filled with lightly spiced veggies and rice	**Allegra's Halal Chicken Filo Pie with Mashed Potato** Light filo pastry, hearty chicken centre	**Roast Halal Chicken *with Roast Potatoes and Gravy*** Succulent roast chicken with fluffy roasties and tasty gravy	**Halal Beef Lasagne With a Garlic and Herb Bread Wedge **** A classic Italian beef Lasagne	**Golden Fish Fingers *and Chips*** Crispy Fish Fingers and scrummy chips
Alternative Dish	**Vegetable Supreme Pizza** (v)** Served with Dough Balls	**Veggie Korma with Bombay Potatoes (V)**	**Sweet Potato and Chickpea Roast *with Roast Potatoes and Gravy* (V)** A chunky sweet potato and chickpea roast	**Butternut Squash and Tomato Bake with Rice (V) **** A delicious butternut squash and tomato bake served with rice	**Quorn Dippers *and Chips* (V)** Crispy Quorn nuggets with their fav sauce – ketchup
Third Choice		**Jacket Potato with Salmon Mayonnaise *****			
Salads	**A Selection of Fresh Salads** Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Potato Salad				
Jacket Potato	**Jacket Potato With A Choice Of Fillings**				
Pasta	**Tomato Pasta ** (V) or** **Sandwiches With A Choice Of Fillings**				
Vegetables	**Fresh Carrots** **Sweetcorn**	**Peas** **Broccoli**	**Carrots** **Cabbage**	**Broccoli** **Sweetcorn**	**Baked Beans** **Peas and Carrots**
Desserts	**Raspberry Ripple Ice-Cream with Fruit Slices**	**Secret Brownie**	**Shortbread Biscuit with Fruit Slices***	**Berry & Peach Oaty Crumble* *with Custard***	**Chocolate and Raspberry Swirl Cake**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

Lunch Menu
Week 2 - Mains

Weeks Commencing: 06/09, 27/09, 18/10, 15/11, 06/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Veggie Bolognese **(V)** Penne pasta in a yummy tomato and Quorn sauce	**Halal Chicken Sausage and Mash**	**Roast Halal Chicken *with Roast Potatoes and Gravy*** Succulent roast Chicken with fluffy roasties and tasty gravy	**Halal Beef Cottage Pie** A classic cottage pie with veg and gravy	**Golden Fish Fingers *and Chips*** Crispy Fish Fingers and scrummy chips
Alternative Dish	**Cheese and Tomato Pizza ** with Dough Balls (V)** Cheesy Tomato Topped Pizza Slice	**Allegra's Oodles of Noodles (V)** Veggie Noodles	**Creamy Vegetable Pie *with Roast Potatoes and Gravy (V)*** Creamy vegetable pie with a cheesy shortcrust topper	**Mild Chickpea and Potato Curry (V) **** Served with Wholemeal Rice	**Tomato Veggie Burger with Chips (V)** A delicious homemade veggie burger
Salads	**A Selection of Fresh Salads** Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Pasta Salad				
Jacket Potato	**Jacket Potato With A Choice Of Fillings**				
Pasta	**Tomato Pasta ** (V) or Sandwiches With A Choice Of Fillings**				
Vegetables	**Fresh Carrots Sweetcorn**	**Peas Broccoli**	**Carrots Cabbage**	**Green Beans Sweetcorn**	**Baked Beans Peas and Carrots**
Desserts	**Flapjack with Fruit Slices***	**Peach Shortbread Pudding* & Custard**	**Crunchy Chocolate Biscuit**	**Fruity Chocolate Brownie**	**Vanilla Ice-Cream with Fruit Slices**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

Lunch Menu
Week 3 - Mains

Weeks Commencing: 13/09, 04/10, 01/11, 22/11, 13/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Vegetable Supreme Pizza**** Dough Balls	**Allegra's Garlicky Halal Chicken and Spanishy Spuds** Garlic Seasoned Chicken served with potatoes	**Roast Halal Beef *with Roast Potatoes and Gravy*** Succulent roast Beef with fluffy roasties and tasty gravy	**Halal Beef Meatballs in Tomato Sauce** Our Famous Meatballs in a tasty Tomato Sauce with Wholemeal Pasta**	**Golden Fish Fingers *and Chips*** Crispy Fish Fingers and scrummy chips
Alternative Dish	**Veggie Sausage and Mash with Gravy (V)** Fluffy mash with veggie sausages and rich gravy	**Allegra's Cheesy Peasy Risotto Bake (V)** A delicious cheesy risotto	**Butternut Squash and Potato Pastry Slice *with Roast Potatoes and Gravy* (V)** A chunky Butternut Squash and potato slice	**Veggie Balls In Tomato Sauce with Pasta** (V)**	**Soft Taco (V) with Chips** A soft taco shell filled with a yummy tomato veggie tomato chilli
Salads	**A Selection of Fresh Salads** Including Lettuce, Cucumber, Tomato, Grated Carrot, Coleslaw				
Jacket Potato	**Jacket Potato With A Choice Of Fillings**				
Pasta	**Tomato Pasta ** (V) or** **Sandwiches With A Choice Of Fillings**				
Vegetables	**Peas** **Carrots**	**Sweetcorn** **Broccoli**	**Carrots** **Cabbage**	**Fresh Broccoli** **Sweetcorn**	**Baked Beans** **Peas and Carrots**
Desserts	**Oatie Biscuit* with Fruit Slices**	**Pineapple and Peach Crumble* with Custard**	**Strawberry Ice Cream with Fruit Slices**	**Chocolate Sponge Cake**	**Crispy Snow Bar with Fruit Slices***

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian